

Cavalry Newsletter 05.10.2020



This week, we are joining in with national 'walk to school week'. This year Living Streets invite you to join us in celebrating "the incredible **physical and mental health benefits walking brings to every individual**.

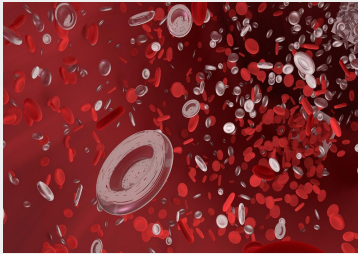
Strong hearts, healthy bones, increased muscle strength are all well-documented outcomes of walking, but the benefits for the mind are just as powerful. Increased sense of calm and self-esteem, time to connect with friends, family and the natural world, awakened creativity and improved overall cognitive function, phew! **All that makes for a happy, healthy child set up for success in and out of the classroom!"**



Nursery were busy last week sharing and talking about the story of 'The Little Red Hen'. They tasted lots of different types of bread from around the world and made their own sourdough. Lots of sticky fingers!



Over the next few days, class teachers from Year 1 to Year 6 will be sending home additional information about what the children will be learning in maths, history, geography and science. These 'knowledge organisers' are used in lessons at school, and we'd love you to refer to them at home too so that the children can remember and recall key facts from their topics.



Last week, Year 6 were continuing their science theme about 'The Human Body'. They have researched and written about the journey of a red blood cell around the circulatory system.

Exciting news for next week! From 12th October we will be joining the Magic Breakfast scheme, which means that we can offer every child in school and nursery a bagel to top up their breakfast on arrival at school. This is a government funded scheme as part of their Covid 19 response programme and will run until at least Easter.



Dates for your calendar:

- 16th October - flu immunisations taking place
- 19th October - Harvest celebration - we will be asking for donations for Food Bank
- 23rd October - school and nursery closed for staff training
- 26th to 30th October - school and nursery closed for Half Term
- 18th December - last day of term
- Tuesday 5th January 2021 - school and nursery open again for Spring Term.

All term dates for 2021 and 2022 can be found on the school website:

<https://www.cavalry.cambs.sch.uk/website/term-dates/62891>