

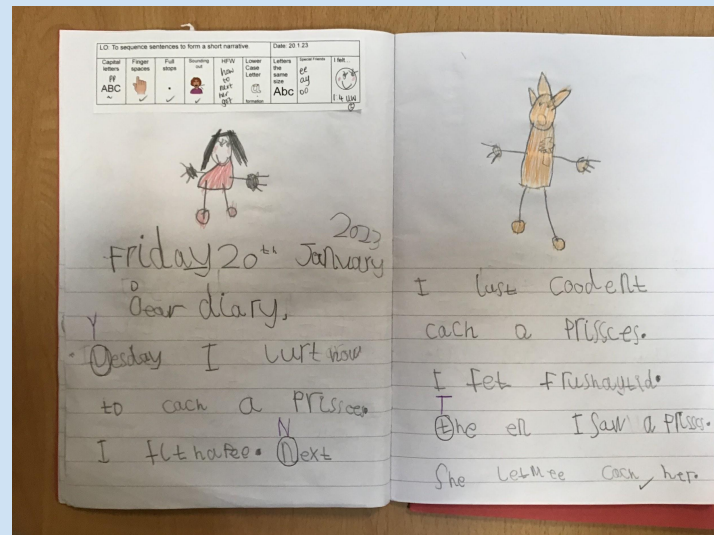


Cavalry Newsletter 30.01.2023



Last week in Year 1:

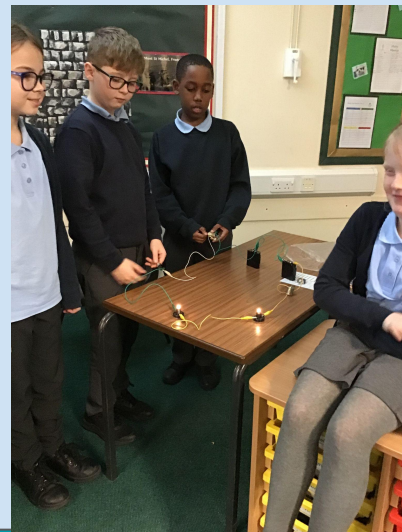
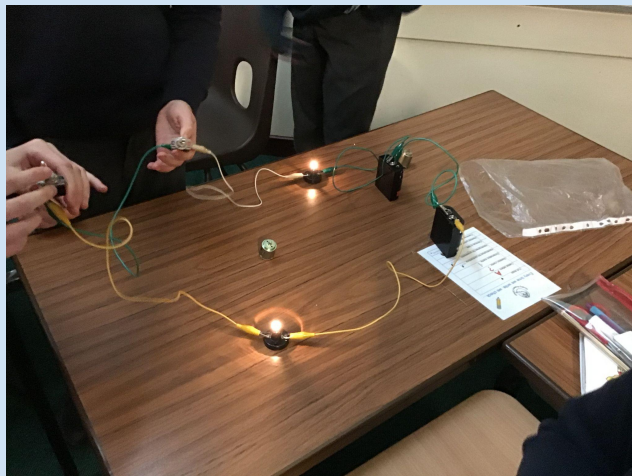
Year 1 have been reading Zog, finding out about what he learnt to do. We all made paper dragons, Zog masks and wrote diaries as Zog about his day.





Last week in Year 5:

Year 5 have been experimenting with changing circuits in Science. We have been finding out what can make a bulb brighter or dimmer.



Best attendance last week: congratulations to Class 6 with 87% and Class 12 with 93%. Our whole school target is 97%.



Children's mental health week: 6th to 12th February



Across the school we will be taking some time to explore with the children how we can keep ourselves healthy:

Physically healthy:

For example:

Be active on regular basis

Eat a balanced healthy diet

Wash hands and clean our teeth

Get enough sleep

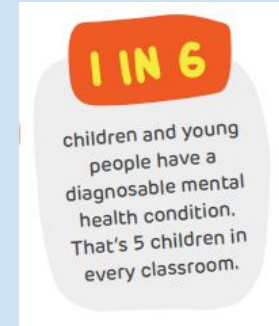
Mentally healthy:

For example:

Stay connected to family & friends

Be physically active

Get enough sleep



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Children's mental health week: 6th to 12th February



Help for parents:

Visit the parenting smart pages on the Place2Be website for lots of support and ideas

<https://parentingsmart.place2be.org.uk/>

Come along to '**Let's connect**' on Wednesday 8th February in our school hall from 3.30 to 4.30 p.m. This free event will be led by our area Mental Health Support Team for children and parents to attend together and take part in lots of fun activities to find out more about making meaningful connections.

Children's mental health week: 6th to 12th February



We will be having a non uniform day on Friday 10th February to raise funds for the children's mental health charity Place2Be. Please donate £2 if your child would like to join in - you can pay on ParentPay or send the cash on the day.





Dates for your calendar:

Thursday 2nd February - Year 2 walk to visit local church

Thursday 2nd February - last swim for Year 4

Thursday 9th February - first swim for Year 3

Thursday 9th February - PTFA Valentine's Discos

Friday 10th February - non uniform day to raise funds for Place2Be

13th to 17th February - school/nursery closed for half term break

20th to 24th March - Y5 residential visit to Wales

Friday 31st March - last day of Spring term

All term dates 2022/23 and 2023/24 are available on the school website. Please remember that holidays in term time are not authorised unless there are very exceptional circumstances and you may receive a penalty notice if your child misses school.